



FEBRUARY 2018



Cape Albeon Village Recreation and Wellness Calendar

*Activities are subject to change

MON	TUE	WED	THU	FRI	SAT	
<p>Week 2 Menu BOOKMOBILE VISITS ON WEDNESDAY FEBRUARY 21 10:45A.M. VILLAGE LIVING ROOM</p>				<p>1 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Reminisce (CR) 2:00 Yoga (C) 3:00 Washers (L) 6:00 Bingo (L)</p>	<p>2 9:30 Morning Walk (L) 10:30 Aldi's 10:30 Bingo (CR) 1:00 Farkle (CR) 2:00 Movie, Popcorn & Soda (NR) 3:30 Any Card Game (CR)</p>	<p>3 9:00 Pretty Nails (CR) 10:30 Tone Up! (L) 1:30 Sorry (CR) 2:30 Rummikub (CR)</p>
<p>4 Week 3 Menu 9:45 Sacred Heart Church 1:00 Any Card Game (CR) 1:30 Board Game (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>5 9:30 Morning Walk (L) 10:30 Lakeside Academy Visits (L) 11:00 Diners' Club: Lunch at Tucker's Place 1:30 Word Search (CR) 2:00 Cook Me Up (CR) 3:30 Scrabble (CR)</p>	<p>6 9:00 News Review (L) 10:00 Coffee, Tea and Me (PDR) 1:30 Scenic Drive 2:00 Hangman (CR) 3:30 Bull's Eye (CR) 6:00 Bingo (L)</p>	<p>7 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (C) 10:45 Schnucks 2:00 Social Hour with Luke Queen (L) 3:30 Catholic Service (C) 3:30 Kings in the Corners (CR) 6:00 Movie (NR)</p>	<p>8 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Reminisce (CR) 1:30 Manchester WalMart 2:00 Yoga (C) 3:00 Bowling for Dollars (L) 6:00 Bingo (L)</p>	<p>9 9:30 Morning Walk (L) 10:30 Bingo (CR) 11:30 Just Men Luncheon: (PDR) 1:00 Scrabble (CR) 2:00 Art with Diana (CR) 3:30 Ladies' Choice (CR)</p>	<p>10 9:00 Pretty Nails (CR) 10:30 Tone Up! (L) 1:30 St. Louis Opoly (CR) 2:30 Rummikub (CR)</p>
<p>11 Week 4 Menu 9:45 Sacred Heart Church 1:00 Any Card Game (CR) 1:30 Board Game (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>12 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:30 Mardi Gras Party with Bryan Foggs (L) 2:30 Horse Races (CR) 3:30 Tapple CR</p>	<p>13 Fat Tuesday 9:00 News Review (L) 10:00 Coffee, Tea and Me (PDR) 1:30 Scenic Drive 2:00 Pictionary (CR) 3:30 Craft Time (CR) 6:00 Bingo (L)</p>	<p>14 Valentine's Day 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (C) 10:45 Schnucks 1:30 Valentine Party with Herb Eberle (L) 3:30 Catholic Service (C) 3:30 Rob Your Neighbor (CR) 6:00 Movie (NR)</p>	<p>15 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 10:30 Butterfly House Lunch at Applebee's 1:00 Reminisce (CR) 2:00 Yoga (C) 3:00 Washers (L) 6:00 Bingo (L)</p>	<p>16 9:30 Morning Walk (L) 10:30 Bingo (CR) 1:00 Quirkle (CR) 2:00 Movie, Popcorn & Soda (NR) 3:30 Any Card Game (CR)</p>	<p>17 9:00 Pretty Nails (CR) 10:30 Tone Up! (L) 1:30 Aggravation (CR) 2:30 Rummikub (CR)</p>
<p>18 Week 5 Menu 9:45 Sacred Heart Church 1:00 Any Card Game (CR) 1:30 Board Game (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>19 Presidents' Day 9:30 Morning Walk (L) 10:00 Dollar Tree & Steak 'n Shake 10:30 Sit & Be Fit (L) 1:30 All in a Word (CR) 2:00 Cook Me Up (CR) 3:30 Rollers (CR)</p>	<p>20 9:00 News Review (L) 10:00 Residents' Coffee & Donuts (L) 1:30 Scenic Drive 2:00 Animal Trivia (CR) 3:30 Balloon Volleyball (L) 6:00 Bingo (L)</p>	<p>21 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (C) 10:45 Bookmobile (L) 10:45 Schnucks 2:00 Birthday Party with Elizabeth Hrebec (L) 3:30 Catholic Service (C) 3:30 Jumbling Tower (CR) 6:00 Movie (NR)</p>	<p>22 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Reminisce (CR) 2:00 Yoga (C) 3:00 Bowling for Dollars (L) 6:00 Bingo (L)</p>	<p>23 9:30 Morning Walk (L) 10:30 Bingo (CR) 1:00 Hangman (CR) 2:00 Movie, Popcorn & Soda (NR) 3:30 Ladies' Choice (CR)</p>	<p>24 9:00 Pretty Nails (CR) 10:30 Tone Up! (L) 1:30 UNO (CR) 2:30 Rummikub (CR)</p>
<p>25 Week 6 Menu 9:45 Sacred Heart Church 1:00 Any Card Game (CR) 1:30 Board Game (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>26 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 11:00 Fun and Lunch at Ameristar Casino 1:30 Update with Carol (DR) 2:00 Cook Me Up (CR) 3:30 Dominoes (CR)</p>	<p>27 9:00 News Review (L) 10:00 Entertainment: Alice The Thinking Dog (L) 1:30 Scenic Drive 2:00 Left, Center, Right (CR) 3:30 Let's Paint (CR) 6:00 Bingo (L)</p>	<p>28 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (C) 10:45 Schnucks 1:30 Banarama (CR) 2:00 Social Hour with Lynn Wellman (L) 3:30 Catholic Service (C) 3:30 Yahtzee (CR) 6:00 Movie (NR)</p>	<p>Activity Locations: (CC) Dining Room (PDR) Private Dining Room (NR) Newport Room (L) Living Room P) Patio (Li) Library (CR) Chesapeake Room (N) Nurses' Station</p>		