



# MARCH 2010



Cape Albeon: VILLAGE Activity Calendar

\*Activities are subject to change

Welcome Spring! March 20

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Week 3 Menu</i>	<b>1</b> 9:30 Lakeside Childcare visits (NR) 9:30 Walking Group (L) 10:00 Let's Paint (CR) 10:30 Exercises (L) 1:00 Kings in the Corner (CR) 1:30 Just Men: Poker (NR)	<b>2</b> 10:00 Coffee, Tea &Me (CM) 1:30 Scenic Drive 3:30 Chicken Foot Dominoes (NR) 6:00 Bingo (NR)	<b>3</b> 9:00 Pretty Nails (CR) 9:30 Walking Group (L) 10:00 Schnucks or Shop 'n Save 1:00 Bridge (CR) 2:00 Social Hour with Ron Reichard (L) 3:30 Catholic Mass (C) 6:00 Movie: The Aviator (NR)	<b>4</b> 9:00 Coffee Klatch (L) 9:30 Watercolor Class (CR) 10:30 Sit & Be Fit (NR) 1:30 Super Manchester Wal-Mart 3:00 Game: Chip In (NR) 6:00 Bingo (NR)	<b>5</b> 9:00 Dierberg's 9:30 Walking Group (L) 10:30 Bingo (CR) 11:15 Lunch: Pizza Hut 2:00 Popcorn and Soda (NR) 3:30 Ladies' Choice (CR)	<b>6</b> 9:00 Pretty Nails (NR) 10:30 Tone Up! 1:30 UNO (NR) 2:30 Matinee Movie: Bringing Down the House (NR) 6:00 MOVIE: Same as Matinee (NR)
<b>7</b> <i>Week 4 Menu</i> Coffee (L) 11:00 Worship Service (C) 2:30 SNACKS (N) 3:00 Quarter Bingo (NR)	<b>8</b> 9:30 Walking Group (L) 10:00 Let's Paint (CR) 10:00 Botanical Gardens Orchid Show 10:30 Exercises (L) 1:00 Scrabble (CR) 1:30 Just Men: Wii Fishing	<b>9</b> 10:00 Coffee, Tea &Me (CM) 1:30 Scenic Drive 3:30 Word Exchange (NR) 6:00 Bingo (NR)	<b>10</b> 9:00 Pretty Nails (CR) 9:30 Walking Group (L) 10:00 Schnucks or Shop 'n Save 1:00 Bridge (CR) 2:00 Social Hour with: Paul Hertenstein (L) 3:30 Catholic Mass (C) 6:00 Movie: Splash (NR)	<b>11</b> 9:00 Coffee Klatch (L) 10:30 Sit & Be Fit (NR) 3:00 Wii: Bowling (NR) 6:00 Bingo (NR) 6:30 Westport Playhouse: "Menopause the Musical"	<b>12</b> 9:00 Dierberg's 9:30 Walking Group (L) 10:30 Bingo (CR) 2:00 Popcorn and Soda (NR) 3:30 Ladies' Choice (CR)	<b>13</b> 9:00 Pretty Nails (NR) 10:30 Tone Up! 1:30 Kings in the Corner (NR) 2:30 Matinee Movie: Armageddon (NR) 6:00 MOVIE: Same as Matinee (NR)
<b>14</b> <i>Week 1 Menu</i> Daylight Saving Time Begins Coffee (L) 11:00 Worship Service (C) 2:30 SNACKS (N) 3:00 Quarter Bingo (NR)	<b>15</b> 9:30 Walking Group (L) 10:00 Let's Paint (CR) 10:30 Exercises (L) 11:00 Lunch and a Movie	<b>16</b> 10:00 Coffee, Tea &Me (CM) 1:30 Scenic Drive 3:30 Word Search Puzzle (NR) 6:00 Bingo (NR)	<b>17</b> <i>St. Patrick Day</i> 9:00 Pretty Nails (CR) 9:30 Walking Group (L) 1:00 Schnucks or Shop 'n Save 2:00 St.. Pat Party with Frank Stobert (L) 3:30 Catholic Mass (C) 6:00 Movie : The Great Debaters (NR)	<b>18</b> 9:00 Coffee klatch (L) 9:30 Trip: Daniel Boone House 10:00 Arts & Crafts (CR) 10:30 Sit & Be Fit (NR) 3:00 Banarama (NR) 6:00 Bingo (NR)	<b>19</b> 9:00 Dierberg's 9:30 Walking Group (L) 10:30 Bingo (NR) 2:00 Popcorn and Soda (NR) 3:30 Ladies' Choice (CR)	<b>20</b> 9:00 Pretty Nails (NR) 10:30 Tone Up! 1:30 Three Quarters (NR) 2:30 Matinee Movie: "Australia" (NR) 6:00 MOVIE: Same as Matinee (NR)
<b>21</b> <i>Week 2 Menu</i> Coffee (L) 11:00 Worship Service (C) 2:30 SNACKS (N) 3:00 Quarter Bingo (NR)	<b>22</b> 9:30 Walking Group (L) 10:00 Let's Paint (CR) 10:00 Shopping at St. Louis Mills 10:30 Exercises (L) 11:30 Just Men: Lunch ((NR) 1:00 Scrabble (CR) 1:30 Update with Carol (CC)	<b>23</b> 10:00 Coffee, Tea &Me (CM) 1:30 Scenic Drive 3:30 Pictionary (NR) 4:00 Gift Shop Cart Visits 6:00 Bingo (NR)	<b>24</b> 9:00 Pretty Nails (CR) 9:30 Walking Group (L) 10:00 Schnucks or Shop 'n Save 10:00 Ceramics (NR) 2:00 Birthday Party with Pat Joyce (L) 3:30 Catholic Mass (C) 6:00 Movie: Hope Floats (NR)	<b>25</b> 9:00 Coffee Klatch (L) 10:00 Old Cathedral; Gateway Arch & Lunch 10:30 Sit & Be Fit (NR) 3:00 Yahtzee (NR) 6:00 Bingo (NR)	<b>26</b> 9:00 Dierberg's 9:30 Walking Group (L) 10:30 Bingo (NR) 2:00 Popcorn and Soda (NR) 3:30 Ladies' Choice (CR)	<b>27</b> 9:00 Pretty Nails (NR) 10:30 Tone Up! 1:30 Dominoes (NR) 2:30 Matinee Movie: Six Days, Seven Nights (NR) 6:00 MOVIE: Same as Matinee (NR)
<b>28</b> <i>Week 3 Menu</i> <i>Holy Week</i> Coffee (L) 11:00 Worship Service (C) 2:30 SNACKS (N) 3:00 Quarter Bingo (NR)	<b>29</b> 9:30 Walking Group (L) 10:00 Let's Paint (CR) 10:30 Exercises (NR) 11:00 Lunch & Fun at New! River City Casino 1:00 Reminiscing Game (CR) 1:30 Just Men: Horseshoes (NR)	<b>30</b> 9:30 Pinochle Group (NR) 10:00 New Residents' Coffee (NR) 1:30 Scenic Drive 3:30 I Love Lucy Trivia (NR) 6:00 Bingo (NR)	<b>31</b> 9:00 Pretty Nails (CR) 9:30 Walking Group (L) 9:30 Pinochle Group (NR) 10:00 Schnucks or Shop 'n Save 2:00 Social Hour with: Tim Laramore (L) 3:30 Catholic Mass (C) 6:00 Movie: Selena (NR)	<b>REMINDER:</b> BOOKMOBILE VISITS ON: WEDNESDAY  MARCH 10 & MARCH 24 10:15 A.M. IN THE LIVING ROOM	<b>Activity Locations:</b> (Li) Library (CC) Dining Room (CM) Private Dining Room (NR) Newport Room (L) Living Room	(Li) Library (CR) Chesapeake Room (N) Nurses' Station (C) Chapel